

Nutritional & Ingredient Information Only
The following is the ingredient list of the
Nutritionized, Substitution and Vegetarian Menus
Offered by Delicious Unlimited Holdings

The following ingredients lists are provided solely to assist parents with evaluating the ingredients of items served by Delicious Unlimited Holdings. Due to occasional menu substitutions these ingredient lists should not be used in determining allergy restrictions. If you should have additional concerns regarding the ingredients which make up any of our meals, please contact us at the following address.

CONTACT INFORMATION

Delicious Unlimited Holdings
4005 Porett Drive
Gurnee, IL 60031
(847)356-7513

This list of nutritional values is subject to change without notice due to the availability of ingredients and substitution of ingredients by Delicious Unlimited Corporation's various food suppliers.

Nutritionized & Substitution Menu

Entrée Ingredient Listing



Lunch
Ingredient Listing
October ~ November ~ December 2026

BEEF ENTRÉES

BBQ Roast Beef

Sliced Roast Beef [Beef, Water, Potassium Lactate, Isolated Soy Protein, Hydrolyzed Soy Protein, Salt, Sugar, Dextrose, Corn Syrup, Beef Flavor (Contains Beef Flavor and Natural Flavor), Sodium Phosphates, Sodium Diacetate, Flavoring], Water, Beef Powder, Corn Starch, White Pepper, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], House-Made BBQ Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice]

Contains Soy

Bean and Beef Burrito

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Chili Seasoning (Dry Onion, Dry Green Bell Peppers, Chili Powder, Garlic Powder, Oregano, Cumin, Paprika, Salt, Black Pepper), Pinto Beans, Diced Tomato, Cheddar Cheese, **WG Flour Tortilla:** [Whole Wheat Flour, Water, Vegetable Shortening (Interesterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% of less of the Following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate)]

Contains: Milk, Wheat, Soy

Cheesy Beef Mostaccioli

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Water, Penne Pasta [Semolina (Wheat), Niacin, Ferrous Sulfate (Iron), Thiamin Mononitrate, Riboflavin, Folic Acid], Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt Enzymes).

Contains: Wheat, Gluten, Milk, Soy

Beef Chili

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Light Red Kidney Beans, Diced Canned Tomatoes (Tomatoes, Tomato Juice, Salt, Sodium Chloride, Citric Acid), Tomato Paste (Organic Tomato Paste, Citric Acid), Water, House-Made Chili Seasoning (Dry Onion, Dry Green Bell Peppers, Chili Powder, Garlic Powder, Oregano, Cumin, Paprika, Salt, Black Pepper).

Contains: Soy

Beef Fajita Skillet

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Sweet Peppers, Cheddar Cheese, **House Made Salsa:** (Diced Tomatoes, Tomato Paste, Cumin, Black Pepper, Garlic Powder, Water, Raw Onion, Chipotle Powder, Salt, Fresh Cilantro). **Taco seasoning:** (Chili Powder, Salt, Paprika, Cumin, Onion Powder, Garlic Powder, Oregano, Black Pepper)

Contains: Milk, Soy

Beef Gravy

Water, Beef Broth, Salt, White Pepper, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative] House-Made Roux (Flour, Butter (Pasteurized Cream, Natural Flavorings))

Contains: Egg, Wheat, Gluten, Milk

BEEF ENTRÉES cont.

House-Made Beef Meatloaf in Gravy

Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Eggs (Liquid, Pasteurized), WG House-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs, Canola Oil, Honey, Instant Yeast, Sugar Salt], Salt, Oregano, Garlic Powder, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], Black Pepper, Dehydrated Onion, Dehydrated Green Pepper Spice, Ground Fennel, Basil.

Contains: Egg, Wheat, Gluten, Soy

Beefy Meat Sauce

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color),

Contains: Soy

Beef Nacho / Beef Taco Meat

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Taco Sauce [Water, Tomato Juice (Tomato Juice from Concentrate, Water, Tomato Concentrate, Salt, Citric Acid, Vitamin C), Canned Diced Tomatoes (Tomatoes, Tomato Juice, less than 2% of: Salt, Calcium Chloride, Citric Acid), Dry Onion, Sugar, Salt, Chili Powder, Cumin, Garlic Powder, Bay Leaves, Black Pepper]

Contains: Soy

Beef Patty, All Hamburgers

Ground Beef, WG House-Made Breadcrumbs (Water, Instant Yeast, Whole Wheat Flour, High Gluten Flour, Liquid Eggs, salt, Honey, Sugar, Canola Oil. Liquid Eggs (Whole Egg, Water, Citric Acid), Black Pepper, Salt, Kitchen Bouquet (Caramel Color, Water, Vegetable Base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips) salt, sodium benzoate.

BBQ Beef Patty

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), WG House-Made Breadcrumbs (Water, Instant Yeast, Whole Wheat Flour, High Gluten Flour, Liquid Eggs, salt, Honey, Sugar, Canola Oil. Liquid Eggs (Whole Egg, Water, Citric Acid), Black Pepper, Salt, Kitchen Bouquet (Caramel Color, Water, Vegetable Base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips) salt, sodium benzoate. **BBQ Dip:** Tomatoes, Water, Red Wine Vinegar, Sugar, Mustard, Celery, Salt, Onion, Chili Powder, Green Pepper, Allspice, Cloves, Grape Juice and Grape Juice Concentrate, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate.

Beef Picadillo

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Salsa: (Diced Tomatoes, Tomato Paste, Cumin, Black Pepper, Garlic Powder, Water, Raw Onion, Chipotle Powder, Salt, Fresh Cilantro.) Diced Carrots, Peas, Diced Potatoes

Contains: Soy

WG Beef Pepperoni and Cheese Pizza

Mozzarella Part-Skim (Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes), **House-Made Pizza Dough** [Whole Wheat Flour, Water, High Gluten Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Canola Oil, Salt, Garlic Powder, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Yeast, Honey], **House-Made Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt,

BEEF ENTRÉES cont.

Dry Basil, Sugar, Black Pepper), **Beef Pepperoni**-Beef, Salt, Contains 2% or less of water, Dextrose, Spices, Oleoresin of Paprika, Lactic Acid starter culture, Garlic Powder, Sodium Nitrite, BHA, BHT, Citric Acid

Contains: Wheat, Gluten, Soy, Milk

Beef Quesadilla

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), **Shredded Cheddar Cheese** (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-caking Agents),

House-Made Salsa (Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper), **Whole Wheat Tortilla** (Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate)

Contains: Milk, Wheat, Gluten, Soy

Beef Sloppy Joe

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Barbecue Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice]

Contains: Soy

Cheesy Beef & Rice Stuffed Pepper Casserole

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), White Rice, Mozzarella Cheese, Green and Red Sweet Peppers, Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper)

Contains: Milk, Soy

Cheeseburger Casserole

House-Made Cheese Sauce [Yellow American Cheese (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, APO Carotenal and Beta Carotene (Color), Dry Milk Powder, White Pepper, Water], Water, Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Elbow Pasta [Semolina (Wheat), Niacin, Ferrous Sulfate (Iron), Thiamine Mononitrate, Riboflavin, and Folic Acid.], Dry Onion

Contains: Milk, Soy, Wheat, Gluten

Cheesy Potato Meatloaf Casserole

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), Bread Crumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs, Canola Oil, Honey, Instant Yeast, Sugar Salt], Salt, Oregano, Garlic Powder, Kitchen Bouquet, HM Ketchup (Tomato Paste, Vinegar, Water, Honey, Salt, Onion Powder, Garlic Powder), Shredded Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-caking Agents), Diced Potatoes, Diced Onions, HM Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper)

Contains: Milk, Wheat, Gluten, Egg, Soy

Cheesy Taco Rice

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), White Rice, Shredded Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-

BEEF ENTRÉES cont.

caking Agents). Diced Green and Red Peppers, HM Taco Sauce (Water, Tomato Juice (Tomato Juice from Concentrate, Water, Tomato Concentrate, Salt, Citric Acid, Vitamin C)

Contains: Soy, Milk

Cowboy Casserole

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Barbecue Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice] **Rotelle Pasta:** Durum Wheat Semolina, Vitamins (niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Iron (ferrous Lactate).

Contains Soy, Wheat

House-Made Italian Beef Meatballs

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color) Eggs (Whole Egg, Citric Acid, Water), Rolled Oats, Black Pepper, Dry Onion, Dry Green Pepper, Fennel, Dry Basil, Dry Oregano, Salt, Garlic Powder

Contains: Egg, Wheat

House-Made BBQ Beef Meatballs

Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color) Eggs (Whole Egg, Citric Acid, Water), Rolled Oats, Black Pepper, Dry Onion, Dry Green Pepper, Fennel, Dry Basil - **House-Made BBQ Sauce** [Tomato Paste (Organic Tomato Paste, Citric Acid), Oregano, Salt, Garlic Powder

Contains: Egg, Wheat

Meatball Bomber Sandwich

House-Made Italian Beef Meatballs (Ground Beef, Textured Vegetable Protein (Soy Flour, Caramel Color) Eggs (Whole Egg, Citric Acid, Water), Rolled Oats, Black Pepper, Dry Onion, Dry Green Pepper, Fennel, Dry Basil, Dry Oregano, Salt, Garlic Powder) **HM Marinara Sauce** (water, canola oil, crushed garlic, dehydrated onions, tomato paste, crushed basil, salt, sugar, and black pepper)

Contains: Egg, Wheat

Roast Beef Sandwich

Sliced Roast Beef (Beef, Water, Potassium Lactate, Isolated Soy Protein, Hydrolyzed Soy Protein, Salt, Sugar, Dextrose, Corn Syrup, Beef Flavor (Contains Beef Flavor and Natural Flavor), Sodium Phosphates, Sodium Diacetate, Flavoring), House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme)

Contains: Soy

Sliced Roast Beef in Gravy

Sliced Roast Beef (Beef, Water, Potassium Lactate, Isolated Soy Protein, Hydrolyzed Soy Protein, Salt, Sugar, Dextrose, Corn Syrup, Beef Flavor (Contains Beef Flavor and Natural Flavor), Sodium Phosphates, Sodium Diacetate, Flavoring), House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme)

Beef Gravy: Water, Beef Broth, Salt, White Pepper, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative] House-Made Roux (Flour, Butter (Pasteurized Cream, Natural Flavorings)

Contains: Egg, Wheat, Gluten, Milk

BEEF ENTRÉES cont.

Salisbury Steak (beef)

Ground Beef, WG House-Made Breadcrumbs (Water, Instant Yeast, Whole Wheat Flour, High Gluten Flour, Liquid Eggs, salt, Honey, Sugar, Canola Oil. Liquid Eggs (Whole Egg, Water, Citric Acid), Black Pepper, Salt, Kitchen Bouquet (Caramel Color, Water, Vegetable Base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips) salt, sodium benzoate.

House-Made Roux (Flour, Butter (Pasteurized Cream, Natural Flavorings).

Contains: Milk

CHICKEN ENTRÉES

Bake Fried Chicken

Chicken, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Egg, Butter (Pasteurized Cream, Natural Flavorings), Milk (Water, Dry Milk Powder), Paprika, Garlic Powder, Black Pepper, Salt

Contains: Wheat, Gluten, Milk, Egg, Soy

Baked Ziti Pasta w/Chicken

Chicken (diced), Ziti Pasta, **HM Marinara Sauce** (water, canola oil, crushed garlic, dehydrated onions, tomato paste, crushed basil, salt, sugar, and black pepper), Alfredo Sauce (water, dry milk, garlic powder, white pepper, salt, chicken stock, cream cheese, parmesan cheese, and polar gel), Water, and Mozzarella Cheese.

Contains: Milk, Wheat, Gluten

BBQ Chicken

Chicken, House-Made BBQ Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice]

Cheesy Chicken Fajita Skillet

Chicken, Red and Green Sweet Peppers, Taco Seasoning (Chili Powder, Salt, Paprika, Cumin, Onion Powder, Garlic Powder, Oregano, Black Pepper), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color) Salsa (Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.), Water, Garlic Powder, Salt

Contains: Milk

Chicken Alfredo

Chicken, House-Made Alfredo Sauce [Water, Dry Milk, Garlic, White Pepper, Salt, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Parmesan Cheese (Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)), Polar Gel], **Ranch Seasoning** (Parsley Flakes, Dehydrated Chopped Onion, Onion Powder, Garlic Powder, Dill Weed, Salt, Black Pepper).

Contains: Milk, Soy

Chicken Bacon Ranch Bake

Chicken, House-Made Alfredo Sauce [Water, Dry Milk, Garlic, White Pepper, Salt, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Parmesan Cheese (Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color), Polar Gel], **Ranch Seasoning** (Parsley Flakes, Dehydrated

CHICKEN ENTRÉES cont.

Chopped Onion, Onion Powder, Garlic Powder, Dill Weed, Salt, Black Pepper), **Turkey Bacon, Rotini Pasta** ((Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid)

Contains: Wheat, Gluten, Milk, Soy

Chicken and Broccoli

Chicken, Broccoli, Red Pepper, Water, **Teriyaki Sauce** (Naturally Brewed Soy Sauce [Water, Wheat, Soybeans, Salt], Wine, High Fructose Corn Syrup, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate: Less Than 1/10th Of 1% As A Preservative.), Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Ginger, Salt, Polar Gel

Contains: Soy, Wheat, Gluten

Chicken Cacciatore

White Meat Chicken, Cacciatore Sauce [Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Diced Tomato (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Sugar, Salt, Garlic Powder, Italian Spice (Marjoram, Rosemary, Savory, Sage, Oregano, And Basil), Onion Powder].

Chicken Cheese Steak Sandwich

Chicken Strips, Red and Green Sweet Peppers, Onion, Salt, Black Pepper, Italian Seasoning, Canola Oil, House **Made Sub Roll**: Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt.

Contains: Wheat, Gluten, Eggs

Chicken Chili

Chicken, Kidney Beans, Diced Tomatoes, Water, Tomato Paste (Organic Tomato Paste, Citric Acid), House-Made Chili Seasoning (Chili Powder, Dehydrated Onion, Dehydrated Green Bell Pepper, Garlic Powder, Cumin, Paprika, Black Pepper, Salt, Oregano)

Chicken Chop Suey

Chicken, House-Made Chop Suey Gravy (Water, Chicken Stock, Polar Gel, Soy Sauce, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], Celery Seeds, Black Pepper, Salt), Broccoli, Fresh Celery, Diced Red Pepper

Contains: Soy

WG Mini Chicken Corn Dog-

Chicken Frank: Mechanically Separated Chicken, Water, Corn Syrup Solids, Salt, Flavorings, Dextrose, Ascorbic Acid, Garlic Powder, Natural Smoke Flavorings, Extracts of Paprika, Sodium Nitrate, in a calcium Alginate Casing. **Battered and breaded with**: Water, Whole Grain Wheat Flour, Enriched Yellow Corn Meal (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Flour, Leavening Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Corn Starch, Salt, Nonfat Dried Milk, Dried Egg Yolks, Ascorbic Acid, Dextrose, Sodium Caseinate (a Milk Derivative)

Contains: Milk, Egg, Soy, Wheat, Gluten

Chicken in Country Gravy

Diced Chicken, Country Gravy (Water, Polar Gel, Diced Turkey Pieces, Chicken Giblets, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Salt, Garlic Powder, White Pepper, Thyme.

CHICKEN ENTRÉES cont.

Chicken Fried Rice

Chicken, House-Made Fried Rice Sauce (Water, Soy Sauce [Water, Wheat, Soybeans, Salt], Canola Oil, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Dehydrated Onion, Black Pepper), Rice, Peas and Carrots.

Contains: Soy, Wheat, Gluten

Chicken Lo Mein

Chicken, Spaghetti Pasta (Semolina (Wheat), Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin and Folic Acid, Canola Oil.), Canola Oil, Soy Sauce (Water, Wheat, Soybeans, Salt, Lactic Acid, Sodium Benzoate: Less than 1/10 of 1% as a preservative), Teriyaki Sauce (Brown Sugar, Soy Sauce, Salt, Black Pepper, Cornstarch), French Onions, Fresh Carrots, Fresh Celery, Fresh chopped garlic.

Contains: Soy, Wheat, Gluten

Chicken Marinara

White Meat Chicken, House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper)

Delicious-Made Chicken Meatballs

White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper

Contains: Egg, Wheat, Gluten

Polynesian Chicken Meatballs

White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper

Contains: Egg, Wheat, Gluten. Polynesian Sauce: Pineapple, Brown Sugar, Cornstarch, Red Vinegar, Soy Sauce, Green Peppers

Contains: Soy

Chicken Meatloaf & Gravy

White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper.

Country Gravy (Water, Polar Gel, Diced Chicken Pieces, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery)

Contains: Egg, Wheat, Gluten

Chicken Noodle Casserole

Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), White Pepper, Pasta (Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid), Chicken Boneless Skinless Chicken Breast Meat with Rib Meat, Water, Isolated Soy Protein Product (Isolated Soy Protein, Modified Food Starch, Unmodified Corn Starch, Carrageenan with less than 2% Soy Lecithin), Seasoning (Potassium Citrate, Citric Acid, Sodium Diacetate, Vegetable Oil), Salt, sodium Phosphates, Carrageenan.

Contains: Milk, Wheat, Gluten, Soy

WG Chicken Nuggets

Chicken Breast with Rib Meat, Water, Vegetable Protein Product (Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (b2), and Cyanocobalamin (B12). Seasoning: (Salt, Sugar, Sodium Phosphates, Maltodextrin, Dextrose,

CHICKEN ENTRÉES cont.

Spices, Yeast Extract, Natural Flavors, Sunflower Oil, Modified Food Starch) Sodium Phosphate, Tricalcium Phosphate, BREADED WITH: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Salt, Disodium Inosinate and Disodium Guanylate, Nonfat Milk, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Spice, Soybean Oil, Yeast, Extractives of Paprika. BATTERED WITH: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduce Iron, Thiamine Mononitrate, Riboflavin, Folic Acid) Sugar, Salt, Nonfat Milk, Disodium Inosinate and Disodium Guanylate, Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate) Spice, Soybean Oil, Extractives of Paprika. PRE-DUSTED WITH: Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Potato Starch, Salt, Soybean Oil, Breeding is set in Vegetable Oil.

Contains: Wheat, Gluten, Soy, Milk

Chicken Parmesan with Noodles

Diced Chicken, Rotini Pasta (Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid), Canola Oil, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)] Parsley Flakes, Chicken Base, Diced Onions, Pepper.

Contains: Wheat, Gluten, Milk, Soy

Chicken Parmesan Sandwich:

HM Chicken Patty (White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper), **HM Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper). Mozzarella Cheese. **HM Bun:** (Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt).

Contains: Egg, Wheat, Gluten, Milk

Delicious-Made Chicken Patty

White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper

Contains: Egg, Wheat, Gluten

Home-Made Chicken Pot Pie Casserole

Diced Chicken, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Canola Oil, Carrots, Celery, Onions, Green Peppers, Salt, White Pepper, Water.

Contains: Wheat

Chicken Quesadilla (with Whole Wheat Tortilla)

Quesadilla Filling [White Meat Chicken, Shredded Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-caking Agents), House-Made Salsa (Diced Tomatoes, Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.), **Whole Wheat Tortilla** [Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% of less of: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate).

Contains: Wheat, Gluten, Soy, Milk

CHICKEN ENTRÉES cont.

Cheesy Chicken and Rice

White Meat Chicken, Rice (Long Grain Parboiled Rice, Iron Phosphate, Niacin, Thiamine Mononitrate, and Folic Acid.), Chicken Casserole Sauce [Salsa (Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.)], Shredded Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto, Vegetable Color (if Colored), Potato Starch, Cornstarch and Cellulose (Anti-Caking Agents)].

Contains: Milk

Chicken Sausage (House-Made)

Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Citric Acid, Water), Canola Oil, Honey, Instant Yeast, Sugar Salt], Salt, Brown Sugar, Sage, Ginger, Paprika

Contains: Wheat, Gluten, Egg

WG Chicken Sausage Pizza (House-Made)

Mozzarella Part-Skim (Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes), **House-Made Pizza Dough** [Whole Wheat Flour, Water, High Gluten Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Canola Oil, Salt, Garlic Powder, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Yeast, Honey)], **House-Made Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), **Chicken Sausage** (Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Citric Acid, Water), Canola Oil, Honey, Instant Yeast, Sugar Salt], Salt, Brown Sugar, Sage, Ginger, Paprika

Contains: Wheat, Gluten, Egg, Milk

Chicken Sloppy Joe

White Meat Chicken, Barbecue Sauce [Diced Tomatoes, Tomato Paste, Brown Sugar, Red Vinegar, Dehydrated Onion, Dehydrated Green Pepper, Garlic Powder, Paprika, Mustard (Water, Vinegar, Mustard Seed, Salt, Turmeric, Spices), Horseradish (Fresh Ground Horseradish, Salt, Onion Powder, Salt.), Water.

Chicken Stroganoff

Chicken, House-Made Stroganoff Sauce [Water, Dry Milk, Garlic, White Pepper, Salt, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)), Polar Ge], Sour Cream (Cultured Cream), White Pepper

Contains: Milk, Soy

Chicken Taco

Taco Sauce (Diced Tomatoes [Tomatoes, Tomato Juice [Tomato Juice From Concentrate (Water, Tomato Concentrate), Salt, Citric Acid, Vitamin C (Ascorbic Acid)], Salt, Citric Acid, And Calcium Chloride] Water, Tomato Juice (Tomatoes, Salt), Sugar, Salt, Dehydrated Onion, Chili Powder [Chili Pepper, Spices, Salt, Silicon Dioxide (Added To Make Free Flowing), And Garlic], Cumin, Garlic Powder, Black Pepper, Ground Bay Leaves), White Meat Chicken, Water.

Chicken Potato Taco

Diced Chicken, **Salsa:** Diced Tomatoes, Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper), Roasted Potatoes, **Taco Seasoning:** (Chili Powder, Salt, Paprika, Cumin, Onion Powder, Garlic Powder, Oregano, Black Pepper), **WG Flour Tortilla:** Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% of less of: Sugar, Salt, baking powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat

CHICKEN ENTRÉES cont.

Gluten, Monoglycerides, potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate).

Contains: Wheat, Gluten, Soy

Chicken Tender Wrap

Portioned chicken tenders with rib meat CONTAINING: Up to 11% of a solution of water, seasoning [maltodextrin, salt, sugar, flavors, vegetable stock (carrot, onion, celery), carrot powder and garlic powder], salt modified food starch, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, wheat gluten, dried yeast, and turmeric extract (color). Breeding set-in vegetable oil. **Whole**

Wheat Flour Tortilla:

Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% of less of: Sugar, Salt, baking powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate).

Contains: Wheat, Gluten, Soy

Chicken Teriyaki

White Meat Chicken, Teriyaki Sauce (Water, Corn Syrup, Teriyaki Sauce (Naturally Brewed Soy Sauce (Water, Wheat, Soybeans, Salt), Wine, High Fructose Corn Syrup, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate: Less Than 1/10th Of 1% As A Preservative.), Chicken Base (Hydrolyzed Soy Protein, Thiamine Hydrochloride, Canola Oil, Disodium Inosinate, Disodium Guanylate, Corn Syrup Solids), Salt, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], Ginger.)

Contains: Soy, Gluten

Chicken Teriyaki Meatballs

Teriyaki Sauce (Naturally Brewed Soy Sauce [Water, Wheat, Soybeans, Salt], Wine, High Fructose Corn Syrup, Water, Vinegar, Salt, Spices, Onion Powder, Succinic Acid, Garlic Powder, Sodium Benzoate. **Chicken Meatballs:** White and Dark Meat Chicken, WG Delicious-Made Breadcrumbs [Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar Salt], Dried Onions, Paprika, Salt, Black Pepper

Contains: Egg, Wheat, Gluten, Soy

Creamy Italian Chicken

White Meat Chicken, Creamy Italian Chicken Sauce [Milk, Parmesan Cheese ((Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)) , Polar Gel, Garlic Powder, Salt, Onion Powder, Basil, Parsley Flakes]

Contains: Milk, Soy

Crispy Chicken Tenders

Portioned chicken tenders with rib meat CONTAINING: Up to 11% of a solution of water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], salt, modified food starch, sodium phosphates. BREADED WITH: Bleached wheat flour, water, wheat flour, salt, leavening (sodium acid pyrophosphate,

CHICKEN ENTRÉES cont.

sodium bicarbonate, monocalcium phosphate), spices, disodium inosinate and disodium guanylate, dried onion, dried garlic, canola oil, modified palm oils, dextrose, wheat gluten, dried yeast, and turmeric extract (color). Breeding set-in vegetable oil.

Contains: Wheat, Gluten

Fiesta Chicken

White Meat Chicken, House-Made Salsa (Diced Tomatoes, Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper)

Italian-Style Chicken

Chicken, Water, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)], Salt, Onion Powder, Garlic Powder, Parsley, Basil.

Contains: Milk, Soy

Lemon Chicken & Sauce

White Meat Chicken, Lemon Seasoning, Lemon Juice, Canola Oil, **Lemon Sauce** (Water, Lemon Juice, Lemon Seasoning, Corn Starch)

Parmesan Chicken & Rice Casserole

Diced Chicken, Long Grain Parboiled Rice (Iron Phosphate, Niacin, Thiamine Mononitrate, and Folic Acid), Water, Canola Oil, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color), Dehydrated Onion, Parsley Flakes, Salt

Contains: Wheat, Gluten, Milk, Soy

Pesto Pasta & Chicken

White Meat Chicken, Penne Pasta, Pesto (Fresh Basil, Canola Oil, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)], Fresh Garlic)

Contains: Milk, Wheat, Gluten, Soy

Pulled BBQ Chicken

Chicken Breast, House-Made BBQ Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice]

Santa Fe Chicken

White Meat Chicken, House-Made Salsa (Diced Tomatoes, Water, Tomato Paste (Tomato Paste, Citric Acid), Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper) Canned Black Beans, Diced Red Pepper

Sweet and Sour Chicken

Chicken, **Sweet and Sour Sauce** (Water, Vinegar, Sugar, Pineapple, Peaches, Canola Oil, Soy Sauce (Water, Wheat, Soybeans, Salt, Sodium Benzoate; Less than 1/10 of 1% as a Preservative), Lemon Juice, Mustard, Garlic Powder).

Contains: Wheat, Gluten, Soy

TURKEY ENTRÉES

BBQ Diced Turkey

Turkey (Turkey Breast, contains up to 15% of a solution of Turkey Broth, Contains 2% or less of Salt, Sugar, Sodium Phosphate), **House-Made BBQ Sauce** (Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice)

Turkey A La King

Diced Turkey (Turkey Breast, Contains up to 15% of a solution of Turkey Broth, Contains 2% or less of Salt, Sugar, Sodium Phosphate), Diced Celery, Diced Carrots, Frozen Peas, Ala King Sauce (Water, Chicken Stock, White Pepper, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)], Dry Milk, Roux, Salt, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative]
Contains: Milk, Soy

Cheesy Potato Turkey Ham Casserole

Potatoes, **Home-Made Cheese Sauce** (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), Diced Turkey Ham (Turkey Thigh Meat, Water, Dextrose, Contains 2% or less of Smoke Flavoring, Salt, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Potassium and Sodium Lactate), Onion.
Contains: Milk

Turkey Chili

Ground Turkey, Light Red Kidney Bean, Canned Diced Tomatoes (Tomatoes, Tomato Juice, Salt, Calcium Chloride, Citric Acid), Water, **Tomato Paste** (Organic Tomato Paste, Citric Acid), House-Made Chili Seasoning (Chili Powder, Dry Onion, Dry Green Pepper, Garlic Powder, Cumin, Paprika, Dry Oregano)

Turkey and Country Gravy

Diced Turkey (Turkey Breast, contains up to 15% of a solution of Turkey Broth, contains 2% or less Salt, Sugar, Sodium Phosphate), Country Gravy (Water, Polar Gel, Diced Turkey Pieces, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Salt, Garlic Powder, White Pepper, Thyme

Turkey Ham & Cheese Egg Frittata

Diced Bell Peppers, Liquid Eggs (Whole Egg, Water, Citric Acid), Salt, Black Pepper, Canola Oil, Milk, **Shredded Cheddar Cheese** [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (If Colored), Potato Starch, Corn Starch and Cellulose (Anti-Caking Agents).], Turkey Ham (Turkey Thigh Meat, Water, Dextrose, Contains 2% of less of Smoke Flavoring, Salt, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Potassium and Sodium Lactate), Diced Onions, Shredded Potatoes.
Contains: Egg, Milk

Turkey Ham & Cheese WG Waffle

Ingredients: Turkey Ham, Shredded Cheddar Cheese, Whole Wheat Flour, Water, Non-Fat Milk, Whey Solids, Canola Oil, Sugar, Vanilla, Honey Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Whole Eggs, Soy Lecithin, Salt.
Contains: Wheat, Milk, Soy, Eggs

TURKEY ENTRÉES cont.

Turkey Ham Whole Wheat Wrap

Turkey Ham (Turkey Thigh Meat, Water, Dextrose, Contains 2% of less of Smoke Flavoring, Salt, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Potassium and Sodium Lactate), **Shredded Cheddar Cheese** [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (If Colored), Potato Starch, Corn Starch and Cellulose (Anti-Caking Agents).], **Shredded Lettuce**, **Whole Wheat Tortilla** (Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat

Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate)

Contains: Milk, Wheat, Gluten, Soy

Turkey Ham and Swiss Whole Wheat Wrap

Turkey Ham (Turkey Thigh Meat, Water, Dextrose, Contains 2% of less of Smoke Flavoring, Salt, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Potassium and Sodium Lactate), **Swiss Cheese** (Milk and Part-Skim, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Citric Acid, Sorbic Acid (Preservative), Enzymes, Soy Lecithin), **Whole Wheat Tortilla** (Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of the following: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate)

Contains: Milk, Soy, Wheat, Gluten

Hoagie Sandwich (Turkey Salami and Cheese)

Sub Roll: Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt. **Turkey Salami:** Mechanically Separated Turkey, White Turkey, Water, Potato Starch, Corn Syrup, Salt, Contains 2% or less of: Potassium Lactate, Dextrose, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate, Sodium Diacetate, Flavorings, **Swiss Cheese:** Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Enzymes, Citric Acid, Soy Lecithin

Contains: Milk, Soy, Wheat, Eggs

Turkey Ham, Salami & Cheese Sub (filling)

Turkey Ham: Turkey Thigh Meat, Water, Dextrose, Contains 2% or less of: Smoke Flavoring, Salt, Potassium Lactate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite, Sodium Phosphate

Turkey Salami: Mechanically Separated Turkey, White Turkey, Water, Potato Starch, Corn Syrup, Salt, Contains 2% or less of: Potassium Lactate, Dextrose, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrate, Sodium Diacetate, Flavorings.

Sliced American Cheese: Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Color (Annatto, Paprika, Apo Carotenal and Beta Carotene), Acetic Acid, Enzymes, Soy Lecithin.

Contains: Milk, Soy

Turkey Hot Dog

Mechanically Separated Turkey, Water, Corn Syrup, Contains 2% or Less of Salt, Dextrose, Potassium Lactate, Spice, Sodium Phosphate, Sodium Diacetate, Flavorings, Sodium Erythorbate, Sodium Nitrite, Paprika.

Turkey Pepperoni

BHA, BHT with Citric Acid Added to Help Protect Flavor Smoke Flavoring. Added Ingredients: Dark Turkey Meat, Salt, Spices, Contains 2% or less of Water, Dextrose, Smoke, Flavoring, Lactic Acid Starter, Culture, Flavoring, Oleoresin of Paprika, Garlic Powder, Sodium Nitrite, Citric Acid, BHA, BHT

Turkey Pepperoni Pizza

Mozzarella Part-Skim (Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes), **House-Made Pizza Dough** [Whole Wheat Flour, Water, High Gluten Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Canola Oil, Salt, Garlic Powder, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Yeast, Honey], **House-Made Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), **Turkey Pepperoni** [BHA, BHT with Citric Acid Added to Help Protect Flavor Smoke Flavoring. Added Ingredients: Dark Turkey Meat, Salt, Spices, Contains 2% or less of Water, Dextrose, Smoke, Flavoring, Lactic Acid Starter, Culture, Flavoring, Oleoresin of Paprika, Garlic Powder, Sodium Nitrite, Citric Acid, BHA, BHT]
Contains: Milk, Wheat, Gluten, Soy

Vegetarian Menu Items

Entrée Ingredient Listing

Alfredo Lentil Penne Pasta

Lentil Penne (Red Lentil Flour, White Rice, Pea Protein), **House-Made Alfredo Sauce** [(Water, Dry Milk, Garlic Powder, White Pepper, Salt, Chicken Stock (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Cream Cheese, Parmesan Cheese [(Pasteurized Milk, Food Starch, Partially Hydrogenated Soybean Oil, Water, Modified Food Starch, Powdered Cellulose (To Prevent Caking), Salt, Contains Less than 2% of the following: Cheese Cultures, Sodium Phosphate, Lactic Acid, Enzymes, Whey, Cream, Annatto (Color), Turmeric (Color), Sorbic Acid (Preservative), APO-8-Carotenal (Color), Beta Carotene (Color)], Polar Gel)]
Contains: Wheat, Gluten, Milk, Soy

Bean and Cheese Taco/Nachos Filling

Refried Beans: Pinto Beans (dry), **Salsa** [(Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper)], Water, Garlic Powder, Salt, **Cheddar Cheese:** Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-caking Agents).
Contains: Milk

Cheese Quesadilla

Quesadilla Mixture [Shredded Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (If Colored), Potato Starch, Corn Starch and Cellulose (Anti-Caking Agents)), House-Made Salsa [(Diced Tomatoes, Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper)], **Whole Wheat Tortilla** [Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% or less of: Sugar, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, Potassium Sorbate, Calcium Propionate and/or Sodium Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate)]
Contains: Wheat, Gluten, Soy, Milk

Cheesy Potato Casserole

Potatoes, **Home-Made Cheese Sauce** (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), Onion.
Contains: Milk, Soy

Vegetarian Menu Items

Entrée Ingredient Listing cont.

Cheesy Seashell Pasta

Cheese Sauce: (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), White Pepper. **Seashell Pasta:** Durum Wheat Semolina, Vitamins (niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Iron (ferrous Lactate).

Contains: Milk, Wheat, Gluten, Soy

WG Cheese Ravioli

Ultra grain Durum Semolina Blend (Whole Wheat Flour, Semolina [Wheat], Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Low Fat Ricotta Cheese (Pasteurized Whey, Pasteurized Milk, Pasteurized Cream, Vinegar, Carrageenan, Xanthan Gum), Low-Moisture Part Skim Mozzarella Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Cellulose Powder To Prevent Caking, Natamycin To Inhibit Mold), Whey Protein Isolate, Sodium Caseinate, Romano Cheese (Pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Modified Food Starch, Sugar, Salt, Garlic Powder.

Contains: Wheat, Gluten, Milk

Egg & Cheese Frittata

Whole Liquid Egg (Whole Egg, Water, Citric Acid), Potato, Shredded Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (If Colored), Potato Starch, Corn Starch and Cellulose (Anti-Caking Agents).], Green Pepper, Milk, Canola Oil, Salt, Black Pepper

Contains: Egg, Milk

Egg Salad Sandwich

Eggs, Celery, Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor), Onion, Relish (Cucumbers, High Fructose Corn Syrup, Vinegar, Salt, Xanthan Gum, Calcium Chloride, Sodium Benzoate (Preservative), Alum, Turmeric, Natural Flavors, Polysorbate 80), Mustard (Vinegar, Water, Mustard Seed, Mustard Seed, Salt, Turmeric and Paprika), Vinegar, Salt.

Contains: Soy, Egg

Herbed Lentil Pasta w/ Spinach

Lentil Pasta (Red Lentil Flour, White Rice, Pea Protein), Spinach, Sweet Green & Red Peppers, Chopped Onions, Chopped Garlic, Salt, Canola Oil, Canned Diced Tomatoes (Tomatoes, Tomato Juice, less than 2% of: Salt, Calcium Chloride, Citric Acid)

Hummus (House-Made)

Garbanzo Beans, Canola Oil, Lemon Juice, Garlic, Salt, Water, Black Pepper, Cumin, Parsley Flakes

Macaroni & Cheese

Cheese Sauce (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), White Pepper, Pasta (Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid.)

Contains: Milk, Wheat, Gluten, Soy

Vegetarian Menu Items

Entrée Ingredient Listing cont.

Macaroni & Cheese (Whole Wheat)

Cheese Sauce (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), White Pepper, Whole Wheat Rotini (Whole Durum Wheat Flour).

Contains: Milk, Wheat, Gluten, Soy

Red Beans & Rice

Long Grain Parboiled Rice (Iron Phosphate, Niacin, Thiamine Mononitrate, and Folic Acid), Beans (Prepared Dark Red Kidney Beans, Water, Sugar, Salt, Calcium Chloride and Disodium EDTA Added for Color Retention), Sauce (House-Made Salsa (Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.), Artificial Chicken Flavoring (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery), Garlic (Water, Garlic, Phosphoric Acid, and Potassium Sorbate (A Preservative), Salt).

Scrambled Eggs:

Liquid Eggs (Whole Egg, Water, Citric Acid)

Contains: Egg

Smashed Lentil Salad

Green Lentils, Diced Celery, Diced Carrots, Diced Red Peppers, Salt, Pepper, Sour Cream, Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor.), Diced Onion, Italian Dressing (Canola Oil, Water, Red Wine Vinegar, Italian Dressing Seasoning (Oregano, Sugar, Garlic Powder, Onion Powder, Parsley Flakes, Black Pepper, Basil, Celery Seeds, Thyme) Red Bell Pepper, Salt).

Contains: Milk, Egg, Soy

Sun Butter and Jelly Sandwich

House Made Blueberry Jam:

Frozen Blueberries, Honey, Corn Starch

House-Made Strawberry Jam:

Frozen Strawberries, Lemon Juice, Honey, Corn Starch

House-Made Sunflower Seed Spread

Sunflower Seeds, Honey, Canola Oil, Salt

Three Cheese Pasta Bake

Ricotta Cheese, Mozzarella Cheese, Parmesan Cheese, Cavatappi Noodles, Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), Water.

Contains: Milk, Wheat, Gluten

Vegetarian Menu Items

Entrée Ingredient Listing cont.

Three Cheese Pizza

House-Made Pizza Dough [Whole Wheat Flour, Water, High Gluten Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Potassium Bromate, Canola Oil, Salt, Garlic Powder, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Yeast, Honey], **House-Made Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper, Parmesan Cheese, Cheddar Cheese, Mozzarella Cheese (Pasteurized Part Skim Milk)

Contains: Milk, Wheat, Gluten, Soy

Vegetarian Baked Mostaccioli

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), Water, Penne Pasta (Semolina (Wheat), Niacin, Ferrous Sulfate (Iron), Thiamin Mononitrate, Riboflavin, Folic Acid), Textured Vegetable Protein (Textured Soy Flour), Shredded Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt Enzymes)

Contains: Wheat, Gluten, Soy, Milk

Vegetarian Bean Chili

Diced Tomatoes, Water, Black Beans, Kidney Beans, Tomato Paste, **House-Made Chili Seasoning** (Chili Powder, Onion Powder, Dehydrated Green Bell Pepper, Garlic Powder, Cumin, Paprika, Black Pepper, Salt, Oregano).

Vegetarian Cowboy Pasta

Textured Vegetable Protein (Soy Flour, Caramel Color), House-Made Barbecue Sauce [Tomato Paste (Organic Tomato Paste, Citric Acid), Sugar, Celery, Water, Red Vinegar, Yellow Mustard, Salt, Chili Powder, Dry Onion, Dry Green Pepper, Ground Cloves, Allspice] **Rotelle Pasta:** Durum Wheat Semolina, Vitamins (niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Iron (ferrous Lactate).

Contains Soy, Wheat

Vegetarian Pizza Noodle Bake

Pizza Casserole Sauce [Water, Tomato Paste, **Diced Tomatoes**, (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Garlic Powder, Salt, Sugar, Oregano, Dehydrated Onion, Fennel, Italian Blend, Allspice, Onion Powder], Water, Elbow Pasta [Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B12), and Folic Acid.], Textured Vegetable Protein (Soy Flour, Caramel Color), Shredded Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt Enzymes).

Contains: Wheat, Gluten, Milk, Soy

Vegetarian 'Meat' Sauce

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), Textured Vegetable Protein (Textured Soy Flour), Water, Shredded Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt Enzymes)

Contains: Milk, Soy

Vegetarian Sloppy Joe

Sloppy Joe Sauce [Water, Diced Canned Tomatoes (Tomatoes, Tomato Juice, Citric Acid, and Calcium Chloride), Tomato Paste (Organic Tomato Paste, Citric Acid), Brown Sugar, Red Wine Vinegar, Dehydrated Onion, Dehydrated Green Peppers, Garlic Powder, Paprika, Mustard, Horseradish, Onion Powder, Salt], Water, Textured Vegetable Protein (Soy Flour, Caramel Color)

Contains: Soy

Vegetarian Menu Items

Entrée Ingredient Listing cont.

WG Cheese Pizza (House-Made)

Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt, and Enzymes), **Whole Wheat Home-Made Pizza Crust** [Whole Wheat Flour, Water, High Gluten Flour, Canola Oil, Salt, Garlic Powder, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Yeast, Honey], **House-Made Marinara Sauce** (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper).

Contains: Wheat, Gluten, Milk, Soy

WG Cinnamon French Toast (House-Made)

Whole Wheat House-Made Bread [Water, Whole Wheat Flour, High Gluten Flour, Honey, Canola Oil, Liquid Eggs (Whole Egg, Water, Citric Acid), Instant Yeast, Sugar, Salt], Liquid Eggs (Whole Egg, Water, Citric Acid), Milk, Vanilla Extract, Cinnamon, Canola Oil

Contains: Wheat, Gluten, Eggs, Milk

WG Pancakes (House-Made)

Whole Wheat Flour, All Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Honey, Baking Powder, Salt, House-Made Milk, Liquid Egg (Whole Egg, Water, Citric Acid), Canola Oil

Eggs: Liquid Egg (Whole Egg, Water, Citric Acid)

Contains: Wheat, Gluten, Egg

WG Waffles (House-Made)

Whole Wheat Flour, All Purpose Flour (Bleached Flour, Malted Barley Flour, Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid), Honey, Baking Powder (Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Monocalcium Phosphate, Silicon Dioxide), Salt, Dry Milk Powder, Liquid Egg (Whole Egg, Water, Citric Acid), Vanilla Extract, Canola Oil, Sugar, Water

Contains: Wheat, Gluten, Milk, Egg

CHEESES

American Cheese

Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, APO Carotenal and Beta Carotene (Color)

Contains: Milk, Soy

Shredded Cheddar Cheese

Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (if colored), Potato Starch, Corn Starch and Cellulose (Anti-caking Agents).

Contains: Milk

Swiss Cheese

Milk and Part-Skim Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Citric Acid, Sorbic Acid (Preservative), Enzymes, Soy Lecithin

Contains: Milk, Soy

White American Cheese

Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Enzymes, Citric Acid, Soy Lecithin

Contains: Milk, Soy

SAUCES & GRAVIES

Au Jus

Water, Salt, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], Beef Flavoring [Salt, Dextrose, Corn Starch, Onion Powder, Carmel Color, Celery], White Pepper.

BBQ /Sauce

Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Red Vinegar, Sugar, Mustard, Celery (ground), Salt, Dehydrated Onions, Dehydrated Green Pepper, Chili Powder, Allspice, and Ground Cloves

Beef Gravy

Water, Beef Broth, Salt, White Pepper, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative] House-Made Roux (Flour, Butter (Pasteurized Cream, Natural Flavorings)).

Contains: Milk, Wheat, Gluten

Beefy Meat Sauce

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Ground Beef Textured Vegetable Protein (Soy Flour, Caramel Color)

Country Gravy

Water, Polar Gel, Diced Chicken Pieces, Chicken Base (Dextrose, Salt, Corn Starch, Onion Powder, Turmeric, Celery)

Lemon Sauce

Water, Lemon Juice, Lemon Seasoning, Corn Starch

Marinara Sauce (House-Made)

Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper

Polynesian Sauce

Pineapple, Brown Sugar, Cornstarch, Red Vinegar, Soy Sauce, Green Peppers

Contains: Soy

Salisbury Sauce

Water, Cornstarch, Salt, Kitchen Bouquet [Caramel Color (Sulfites), Water, Vegetable Base (Water, Carrots, Celery, Cabbage, Onion, Parsley, Turnips, Parsnips), Less than 2% of Spices, Salt, Sodium Benzoate as a Preservative], Beef Flavoring (Salt, Dextrose, Corn Starch, Onion Powder, Carmel Color, Celery), White Pepper.

Salsa

Salsa ((Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.), Water, Garlic Powder, Salt

Swedish Sauce

Water, Beef Base, White Pepper, Butter (Pasteurized Cream, Natural Flavorings), Salt, Tomato Juice, Polar Gel, Dry Milk, Sour Cream.

Contains: Milk

Vegetarian Meat Sauce

House-Made Marinara Sauce (Tomatoes, Canola Oil, Onion, Garlic, Salt, Dry Basil, Sugar, Black Pepper), Textured Vegetable Protein (Soy Flour, Caramel Color), Water, Mozzarella Cheese (Pasteurized Part Skim Milk, Cultures, Salt Enzymes).

Contains: Milk, Soy

HOUSE-MADE BREADS/BUNS/ROLLS & CHIPS

Corn Tortilla Chips

Whole Grain Corn, Water, Vegetable Oil (cottonseed, Corn, And/or Sunflower), Salt

Delicious Made Cheese Bread

Whole Wheat Flour, High Gluten Flour, Yeast, Canola Oil, Garlic Powder, Parmesan Cheese, Mozzarella Cheese, Shredded Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color (If Colored), Potato Starch, Corn Starch and Cellulose (Anti-Caking Agents).], Honey, Salt, Black Pepper, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Water.

Contains: Wheat, Gluten, Milk

Whole Wheat Biscuit (House-Made)

Whole Wheat Flour, All-Purpose Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Milk, Butter, Honey, Salt, Baking Powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Cream of Tarter

Contains: Wheat, Milk

Whole Wheat Bread (House-Made)

Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt

Contains: Wheat, Gluten, Eggs

Whole Wheat Dinner Roll/Dinner Bun (House-Made)

Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt

Contains: Wheat, Gluten, Eggs

Whole Wheat Cornbread (House-Made)

Whole Wheat Flour, Corn Meal, Water, Canola Oil, Sugar, Condensed Milk, Liquid Eggs (Whole Egg, Water, Citric Acid), Baking Powder, Salt

Contains: Wheat, Gluten, Milk, Eggs

Whole Wheat Soft Flour Tortilla – Tacos/Wraps

Whole Wheat Flour, Water, Vegetable Shortening (Inter-esterified Soybean Oil, Fully Hydrogenated Soybean Oil), Contains 2% of less of: Sugar, Salt, baking powder (Sodium Bicarbonate, Corn Starch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Vital Wheat Gluten, Monoglycerides, potassium Sorbate, Calcium Propionate and/or Sodium

Propionate, (Preservative) Fumaric Acid, Dough Conditioner (Sodium Metabisulfite, Corn Starch, Microcrystalline Cellulose, Dicalcium Phosphate).

Contains: Wheat, Gluten, Soy

Whole Wheat Sub Bread (House-Made)

Water, Whole Wheat Flour, High Gluten Flour, Liquid Eggs (Whole Egg, Water, Citric Acid), Canola Oil, Honey, Instant Yeast, Sugar, Salt

Contains: Wheat, Gluten, Eggs

PASTA, RICE, and SIDE DISHES

Pasta – All Shapes

Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid, Canola Oil.

Contains: Wheat, Gluten

Rotelle Pasta and Seashell Pasta

Durum Wheat Semolina, Vitamins (niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Iron (ferrous Lactate).

Contains Soy, Wheat

Pasta Salad

Pasta (Semolina (Wheat), Ferrous Sulfate (Iron), Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), and Folic Acid, Canola Oil), **House-Made Italian Dressing** [Canola Oil, Water, Red Wine Vinegar, Italian Dressing Seasoning (Oregano, Sugar, Garlic Powder, Onion Powder, Parsley Flakes, Black Pepper, Basil, Celery Seeds, Thyme) Red Bell Pepper, Salt], Peas and Carrots, Salt.

Contains: Wheat, Gluten

Spanish Rice

Rice, Water, Salt, Salsa (Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper.), Cumin, Artificial Chicken Flavor, (Salt, Dextrose, Hydrolyzed Corn Protein, Onion Powder, Turmeric (color), Cornstarch, Monosodium Glutamate, Tricalcium Phosphate (free flowing agent), Natural and artificial flavors, Yellow Lake #5). Tomato Paste

Steamed Rice

Water, Rice.

Roasted Butternut Squash

Diced Butternut Squash, Vegetable Marinade (canola oil, Italian seasoning, chopped garlic, salt, and black pepper).

POTATO DISHES

Au' gratin Potatoes

Sliced Potatoes, **Cheese Sauce** (Water, Cultured Milk and Skim Milk, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Sorbic Acid (Preservative), Citric Acid, Artificial Color, Acetic Acid, Enzymes, Lecithin, Nonfat Dry Milk (Vitamin A Palmitate, Vitamin D3), Garlic Powder, Onion Powder, Parsley, Salt

Contains: Milk

Baked French Fries Potatoes

Potatoes, Canola Oil, Salt, Paprika

Baked Sliced Potatoes

Potatoes, Canola Oil, Salt, Paprika

Baked Sweet Potatoes/ Sweet Potato Fries

Sweet Potato, Canola Oil, Fresh Garlic, House-Made Italian Seasoning (Dry Oregano, Garlic Powder, Dry Parsley, Onion Powder, Sugar, Dry Basil, Black Pepper, Salt, Dry Celery Seeds, Dry Thyme), Black Pepper, Salt

Diced Parsley Potatoes

Potatoes, Butter (Pasteurized Cream, Natural Flavorings), Parsley, Salt

Contains: Milk

Mashed Sweet Potatoes

Sweet Potatoes, Butter (Pasteurized Cream, Natural Flavorings), Parsley, Salt

Contains: Milk

Hashbrown Logs

Potatoes, Vegetable Oil (Contains One of More of the Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of: Corn Starch – Modified, Dehydrated Onion, Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added to Maintain Color.

Contains: Soy

Herbed Potatoes

Potatoes, Canola Oil, Parsley, Salt

Mashed Potatoes

Potatoes, Water, Milk, Butter (Pasteurized Cream, Natural Flavorings), Salt

Contains: Milk

Oven Brownd Potatoes

Diced Baking Potatoes, Paprika, Parsley Flakes, Canola Oil, Garlic Powder, Salt, Black Pepp

Parmesan Seasoned Potatoes

Potatoes, Parmesan Cheese, Butter (Pasteurized Cream, Natural Flavorings), House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Garlic Powder, Salt, Parsley, Thyme

Contains: Milk

Potato Pancakes

Shredded pot, Liquid eggs (Whole Egg, Water, Citric Acid), All-Purpose Flour, Canola Oil, Salt, Black Pepper

Contains: Egg, Wheat, Gluten

Roasted Rainbow Potatoes

Diced Red Potatoes, Red and Green Sweet Peppers, Chopped Garlic, Salt, Black Pepper, Italian Seasoning, Canola Oil

Roasted Potatoes

Potatoes, Vegetable Marinade [Canola Oil, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Garlic, Salt, Black Pepper], Paprika

Roasted Potatoes and Spinach

Potatoes, Spinach, Vegetable Marinade [Canola Oil, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Garlic, Salt, Black Pepper]

Tater Tots

Potatoes, Vegetable Oil (Contains One Or More of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added to Maintain Natural Color.
Contains: Soy

DIPS & DRESSINGS

BBQ Dip

Tomatoes, Water, Red Wine Vinegar, Sugar, Mustard, Celery, Salt, Onion, Chili Powder, Green Pepper, Allspice, Cloves, Grape Juice and Grape Juice Concentrate, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate.

House-Made Italian Dressing

Canola Oil, Water, Red Wine Vinegar, Italian Dressing Seasoning (Oregano, Sugar, Garlic Powder, Onion Powder, Parsley Flakes, Black Pepper, Basil, Celery Seeds, Thyme) Red Bell Pepper, Salt.

House-Made Ketchup

Tomato Paste, Vinegar, Water, Honey, Salt, Onion Powder, Garlic Powder.

Mustard

Vinegar, Water, Mustard Seed, Mustard Seed, Salt, Turmeric and Paprika.

House-Made Honey Mustard

Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor), Milk, Honey, Mustard, Celery Seed
Contains: Egg, Milk, Soy

Mayonnaise

Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor.
Contains: Egg, Soy

House-Made Dill Dip

Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor.), Sour Cream (Cultured Cream) Water, White Vinegar, Milk Powder, Dillweed, Salt, Black Pepper.
Contains: Egg, Soy, Milk

House-Made French Dressing

Water, Tomato Paste, Canola Oil, Red Vinegar, Sugar, Paprika, Black Pepper, Salt, Garlic Powder, Onion Powder.

House-Made Ranch Dip, Dressing

Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor.), Water, Milk Powder, Ranch Seasoning (Parsley Flakes, Dehydrated Chopped Onion, Onion Powder, Garlic Powder, Dill Weed, Salt, Black Pepper).
Contains: Milk, Egg, Soy

Sour Cream

Cultured Cream

Contains: Milk

FRUITS, VEGETABLES & SALADS

(All hot vegetables are frozen, steamed and served unseasoned. Canned fruits are subject to change based on availability.)

Applesauce

Apples, Water, Erythorbic Acid (To Maintain Color).

Cinnamon Apples

Apples, Cinnamon, Butter (Pasteurized Cream, Natural Flavorings)

Cinnamon Applesauce

Apples, Water, Erythorbic Acid (To Maintain Color), Cinnamon.

Diced/Pineapple Chunks

Pineapple and Pineapple Juice.

Diced/Sliced Pears

Pears, Water, Pear Juice Concentrate, and Citric Acid.

Diced/Sliced Peaches

Peaches, water, and pear juice concentrate.

Tropical Fruit

Pineapple, Papaya, Guava, Passion Fruit Juice, Water, Sugar.

Hawaiian Fruit Salad

Pineapple, Watermelon, Honeydew & Cantaloupe.

Melon Mix

Watermelon, Cantaloupe, Honeydew.

Pine-Melon

Pineapple & Watermelon

Midwest Bean Salad

Wax Beans, Cut Green Beans, Julienne Carrots, Kidney Beans, Sweet and Sour Dressing (White Vinegar, Sugar, Canola Oil, Salt, Black Pepper).

Refried Beans

Pinto Beans (dry), **Salsa** [Diced Tomatoes, Water, Tomato Paste, Onions, Fresh Cilantro, Salt, Garlic Powder, Chipotle Powder, Cumin, Black Pepper)], Water, Garlic Powder, Salt

BBQ Baked Beans

White Beans, **BBQ Sauce:** Water, Tomato Paste (Organic Tomato Paste, Citric Acid), Red Vinegar, Sugar, Mustard, Celery (ground), Salt, Dehydrated Onions, Dehydrated Green Pepper, Chili Powder, Allspice, and Ground

Parmesan Roasted Green Beans

Green Beans, Canola Oil, Salt, Garlic, Onion Powder, Ground black Pepper, Parmesan Cheese (*pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes*), Powdered Cellulose To Prevent Caking, Natamycin To Protect Flavor. **Contains: Milk**

FRUITS, VEGETABLES & SALADS cont.

Roasted Peppers

Peppers, Canola Oil, Chopped Garlic, **House-Made Italian Seasoning** (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Black Pepper, and Salt.

Southwestern Bean Salad

Black Beans, Corn, Diced Tomatoes, Barley, Cilantro, Italian Dressing, Salt, White Pepper.

Spanish Black Beans

Black Beans, Diced Tomato, Onion, Salt, Garlic Powder.

Sautéed Cabbage

Green Cabbage, Canola Oil, Salt & Pepper

California Blend

Fresh Carrots, Fresh Broccoli, Frozen Cauliflower

Carrot Mash

Carrots, Butter (Pasteurized Cream, Natural Flavorings), Salt, Black Pepper, Nutmeg
Contains: Milk

Mashed Cauliflower

Cauliflower, Water, Butter (Pasteurized Cream, Natural Flavorings) Salt, Pepper
Contains: Milk

Roasted Cherry Tomatoes

Cherry Tomatoes, **Vegetable Marinade** [Canola Oil, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme), Garlic, Salt, Black Pepper]

Cilantro Cauliflower Rice

Cauliflower, Canola Oil, Cilantro, Garlic, Black Pepper, Salt

Coleslaw

Green and Red Cabbage, Sliced Carrots, **Home-Made Coleslaw Dressing** (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup. Contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor.), Pineapple Chunks, Sugar, Salt, Black Pepper).

Contains: Egg, Soy

Creamy Cucumber Salad

Cucumbers, **Home-Made Cucumber Dressing** (Mayonnaise (Soybean Oil, Water, Egg Yolks, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, contains less than 2% of Salt, Spice, Calcium Disodium EDTA Added to Protect Flavor), Sour Cream (Cultured Cream), White Vinegar, Salt, Black Pepper).

Contains: Milk, Soy, Egg

FRUITS, VEGETABLES & SALADS cont.

Pea Salad

Peas, Mayonnaise, Shredded Cheddar Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto Vegetable Color), Corn Starch (Anti-Caking Agent)], Celery, Black Pepper, Salt.

Contains: Milk, Egg

Delicious Unlimited (DU) Blend

Wax Beans, Cut Green Beans, Julienne Carrots.

Roasted Vegetables

Fresh Broccoli, Cauliflower, Canola Oil, Garlic, Salt, Black Pepper, House-Made Italian Seasoning (Oregano, Garlic Powder, Parsley, Onion Powder, Sugar, Basil, Black Pepper, Salt, Celery Seeds, Thyme)

Three Way Blend

Carrots, Peas, Cut Green Beans.

Tossed Salad

Iceberg lettuce, Shredded Carrot, Shredded Red Cabbage.

Vegetable Medley (served cold)

Fresh Broccoli, Baby Carrots & Fresh Cauliflower

Winter Blend

Broccoli & Cauliflower

Miscellaneous Vegetables

Corn, Green Beans, French Style Green Beans, Peas, Carrots, Broccoli.

Jam, Preserves & Syrup

Blueberry Jam

Blueberries, Honey, Corn Starch

Orange Marmalade

Orange Slices, Orange Juice, Honey, Corn Starch, Water

Peach Jam

Peaches, Lemon Juice, Honey, Corn Starch, Cinnamon

Strawberry Preserves

Strawberries, high fructose corn syrup, corn syrup, sugar, fruit pectin, citric acid.